

May 2018

Vinalhaven School

LUNCH



In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.



Lunch Price \$2.50. Free & reduced lunch applications are available. Grades 3-12 may purchase A La Carte items if they have money or Positive balance on account. If you any questions, please feel free to stop by and talk with us.

Monday

Tuesday

Wednesday

Thursday

Friday

Beef Tacos
Alt: Ham Italians
Corn, Salsa
Fruit
PB&J **1**

Mozz Sticks w/Tom soup
Alt: Grilled Cheese
Broccoli
Fruit
PB & J **2**

French Toast Sticks
Alt: Meatball Sub
Home Fries
Fruit
PB&J **3**

Pepperoni Pizza
Alt: Cheese Pizza
Caesar Salad
Fruit
PB&J 1:00 DISMISSAL **4**

Chicken Burgers
Alt: Grilled Cheese
Smiley Fries , Baked Beans
Fruit
PB&J **7**

Chicken Nachos
Alt: Cheese Bagel Pizza
Corn, Salsa
Fruit
PB&J **8**

Stuffed Shells
Alt: Grilled Cheese
Caesar Salad
Fruit
PB&J **9**

Waffles
Alt: Buffalo Chicken Ques
Home Fries
Fruit
PB&J **10**

Meat Pizza
Alt: Cheese Pizza
Raw Veggie
Fruit
PB&J **11**

Chicken Tenders
Alt: Grilled Cheese
Potato Wedges, Baked Beans
Fruit
PB&J **14**

Cheese Ravioli
Alt: Turkey & Cheese
Peas & Carrots
Fruit
PB&J **15**

American Chop Suey
Alt: Grilled Cheese
Broccoli
Fruit
PB&J **16**

Biscuit Breakfast Sandwich
w/ Sausage, Egg & Cheese
Alt: Steak Subs
Home Fries
Fruit
PB&J **17**

Pepperoni Pizza
Alt: Cheese Pizza
Side Salad
Fruit
PB&J 1:00 DISMISSAL **18**

Popcorn Chicken Bowls
Mashed Potato, Corn, Gravy
Baked Beans
Fruit
PB&J **21**

Hamburgers
Alt: Hot Dogs
Pickles, Lettuce & Tomato
Fruit
PB&J **22**

Oven Roasted BBQ Chicken
Alt: Grilled Cheese
Peas & Carrots
Fruit
PB&J **23**

Pancakes
Alt: Pulled Pork Ques
Home Fries
Fruit
PB&J **24**

BBQ Chicken Pizza
Alt: Cheese Pizza
Raw Veggie
Fruit
PB&J **25**

NO SCHOOL
Memorial Day **28**

Chicken Nuggets
Alt: Cheese Ravioli
Potato Wedges, Baked Beans
Fruit
PB&J **29**

Lasagna Roll Ups
Alt: Grilled Cheese
Side Salad
Fruit
PB&J **30**

English Muffin Breakfast Pizza **31**
Bacon or Sausage
Alt: Chicken Parm. Sandwich
Home Fries
Fruit
PB&J

