

# May 2018

## Vinalhaven School

### LUNCH



In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.



Lunch Price \$2.50. Free & reduced lunch applications are available. Grades 3-12 may purchase A La Carte items if they have money or Positive balance on account. If you any questions, please feel free to stop by and talk with us.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Blank lunch menu for Monday.

Beef Tacos **1**  
Alt: Ham Italians  
Corn, Salsa  
Fruit  
PB&J

Mozz Sticks w/Tom soup **2**  
Alt: Grilled Cheese  
Broccoli  
Fruit  
PB & J

French Toast Sticks **3**  
Alt: Meatball Sub  
Home Fries  
Fruit  
PB&J

Pepperoni Pizza **4**  
Alt: Cheese Pizza  
Caesar Salad  
Fruit  
PB&J 1:00 DISMISSAL

Chicken Burgers **7**  
Alt: Grilled Cheese  
Smiley Fries, Baked Beans  
Fruit  
PB&J

Chicken Nachos **8**  
Alt: Cheese Bagel Pizza  
Corn, Salsa  
Fruit  
PB&J

Stuffed Shells **9**  
Alt: Grilled Cheese  
Caesar Salad  
Fruit  
PB&J

Waffles **10**  
Alt: Buffalo Chicken Ques  
Home Fries  
Fruit  
PB&J

Meat Pizza **11**  
Alt: Cheese Pizza  
Raw Veggie  
Fruit  
PB&J

Chicken Tenders **14**  
Alt: Grilled Cheese  
Potato Wedges, Baked Beans  
Fruit  
PB&J

Cheese Ravioli **15**  
Alt: Turkey & Cheese  
Peas & Carrots  
Fruit  
PB&J

American Chop Suey **16**  
Alt: Grilled Cheese  
Broccoli  
Fruit  
PB&J

Biscuit Breakfast Sandwich **17**  
w/ Sausage, Egg & Cheese  
Alt: Steak Subs  
Home Fries  
Fruit  
PB&J

Pepperoni Pizza **18**  
Alt: Cheese Pizza  
Side Salad  
Fruit  
PB&J 1:00 DISMISSAL

Popcorn Chicken Bowls **21**  
Mashed Potato, Corn, Gravy  
Baked Beans  
Fruit  
PB&J

Hamburgers **22**  
Alt: Hot Dogs  
Pickles, Lettuce & Tomato  
Fruit  
PB&J

Oven Roasted BBQ Chicken **23**  
Alt: Grilled Cheese  
Peas & Carrots  
Fruit  
PB&J

Pancakes **24**  
Alt: Pulled Pork Ques  
Home Fries  
Fruit  
PB&J

BBQ Chicken Pizza **25**  
Alt: Cheese Pizza  
Raw Veggie  
Fruit  
PB&J

NO SCHOOL **28**  
Memorial Day

Chicken Nuggets **29**  
Alt: Cheese Ravioli  
Potato Wedges, Baked Beans  
Fruit  
PB&J

Lasagna Roll Ups **30**  
Alt: Grilled Cheese  
Side Salad  
Fruit  
PB&J

English Muffin Breakfast Pizza **31**  
Bacon or Sausage  
Alt: Chicken Parm. Sandwich  
Home Fries  
Fruit  
PB&J

