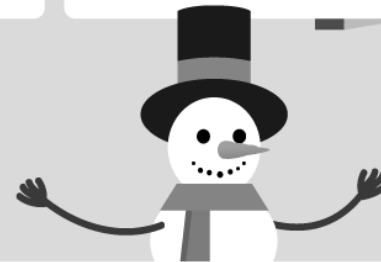


DECEMBER 2018

VINALHAVEN SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Parmesan w/ Spaghetti Alt: Grilled Cheese w/ Italian Wedding Soup Garlic Sticks, Caesar Salad Peaches PB & J	4 Homemade Chili w/ Cornbread Alt: Bologna & Cheese Sandwich Green beans Fresh fruit PB & J	5 Hot Ham & Cheese Sub Alt: PB & Fluff Chips, Carrots & Celery Sticks Pineapple PB & J	6 Homemade Meatloaf Alt: Grilled Cheese Baked Potato Peas & Carrots Fruit Cocktail PB & J	7 Ham, Green Pepper & Onion Pizza Alt: Cheese Pizza Fresh Veggies & Fruit PB & J EARLY RELEASE
10 Popcorn Chicken Alt: Grilled Cheese & Tomato Soup Corn Mandarin Oranges PB & J	11 Beef Taco Alt: Ham & Cheese Sandwich Lettuce, Tomato, Black Beans, Salsa Fresh Fruit PB & J	12 Creamy Mac & Cheese Alt: Grilled Cheese Peas Fruit PB & J	13 Pancakes w/ sausage Alt: Yogurt Meal Home fries Oranges PB & J	14 Meat Pizza Alt: Cheese Pizza Caesar Salad Pineapple PB & J
17 BBQ Chicken Alt: Grilled Cheese Baked Beans & Coleslaw Mixed Fruit PB & J	18 Breakfast Sandwich Alt: Ham Salad Sub Home fries Oranges PB & J	19 Lasagna Roll-up Alt: Grilled Cheese Side salad, corn Fruit PB & J	20 Fish Sandwich Alt: Turkey & Cheese Sandwich Carrots Pineapple PB & J	21 Pepperoni Pizza Alt: Cheese Pizza Raw Veggie Cranberry Sauce PB & J EARLY RELEASE
24 HOLIDAY BREAK	25 HOLIDAY BREAK	26 HOLIDAY BREAK	27 HOLIDAY BREAK	28 HOLIDAY BREAK
31 HOLIDAY BREAK				



THIS MENU IS SUBJECT TO CHANGE