

January 2018

Vinalhaven School



In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.



Lunch Price \$2.50. Free & reduced lunch applications are available. Grades 3-12 may purchase A La Carte items if they have money or Positive balance on account. If you any questions, please feel free to stop by and talk with us.

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Year!
NO SCHOOL 1

Chicken Quesadilla
Alt: Cheese Quesadilla
Let, Tom, Corn
Fruit
PB & J 2

Sloppy Joes
Alt: Grilled Cheese
Baked Beans, Carrots
Applesauce
PB & J 3

Pancakes w/ Yogurt
Alt: Ham Italian
Homefries
Blueberries & Strawberries
PB & J 4

Ham & Pineapple Pizza
Alt: Cheese Pizza
Caesar Salad
Pineapple
PB & J 5

Chicken Burger
Alt: Grilled Cheese
Smiley Fries, Baked Beans
Fruit
PB & J 8

Beef Tacos
Alt: Turkey & Cheese Sandwich
Corn
Peaches
PB & J 9

Chicken Alfredo w/ Garlic Bread
Alt: Grilled Cheese
Broccoli
Cranberry Sauce
PB & J 10

Breakfast Sandwich
Alt: Egg Salad
Homefries
Fresh Fruit
PB & J 11

Pepperoni Pizza
Alt: Cheese Pizza
Raw Veggie
Pineapple
PB & J 12

15
Martin Luther King, Jr Day
NO SCHOOL

Chicken Salad Wrap
Alt: Ham & Cheese Sandwich
Baked Beans, Corn
Fruit
PB & J 16

Chop Suey w/ Garlic Bread
Alt: Grilled Cheese
Peas
Fruit
PB & J 17

Waffles w/ Sausage
Alt: Turkey Italian
Homefries
Fresh Fruit
PB & J 18

Meat Pizza
Alt: Cheese Pizza
Caesar Salad
Pineapple
PB & J 19

Chicken Nuggets
Alt: Grilled Cheese
Cucumbers, Baked Beans
Fruit
PB & J 22

Mozzarella Sticks w/Tom. Soup
Alt: Turkey & Cheese Sandwich
Raw Veggies
Fruit
PB&J 23

Meatball Sub
Alt: Grilled Cheese
Cooked Carrots
Fruit
PB & J 24

French Toast Sticks w/ Yogurt
Alt: Chicken Parm. Sand.
Homefries
Fresh Fruit
PB & J 25

Pepperoni Pizza
Alt: Cheese Pizza
Side Salad
Pineapple
PB & J
DISMISSAL AT 1:00 26

Chicken Burger
Alt: Grilled Cheese
Mash Potatoes, Baked Beans
Fruit
PB&J 29

Lasagna
Alt: Turkey & Cheese Sand.
Side Salad
Fruit
PB&J 30

Ham & Cheese Cornbread bake
Alt: Grilled Cheese
Broccoli
Fruit
PB & J 31

